



Laser therapy helps reduce inflammation, provide pain relief and speed healing time.

What to expect post-op...

Following instructions from your surgeon is very important for proper healing and pain management. Surgical procedures and patient recovery times vary depending on the individual patient.

After surgery your pet will be a little tender on the operated leg and will be reluctant to use it. It is important your pet is pain free and we encourage rest until the sutures or staples are removed.

Who We Are

About Us

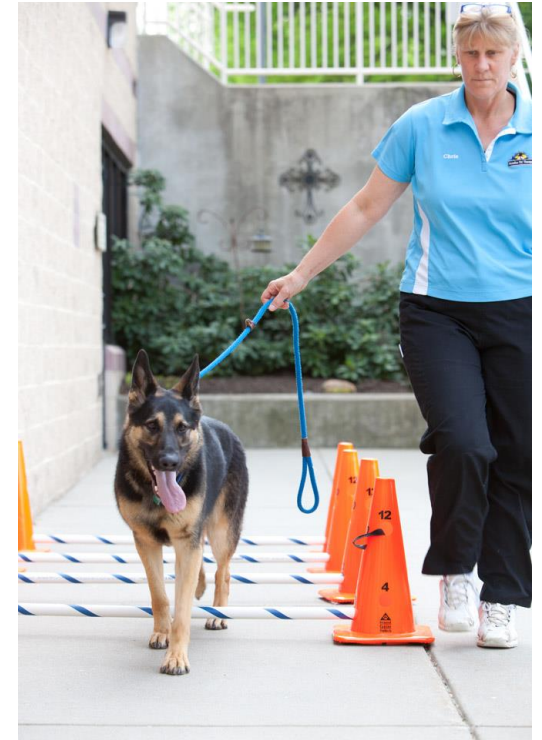
Here at Paradise Canine Rehab, we will evaluate your pet to come up with the best therapy plan to get your dog back on all fours! Each therapy plan is individualized for each patient.

Contact Us

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RECOVERY GUIDE FOR CCL SURGICAL REPAIRS

*Paradise Canine
Rehabilitation and Sports
Medicine*



**PARADISE CANINE
REHAB**

6350 Frederick Rd
Catonsville Md 21228



Underwater treadmill helps build muscle and improve body condition

Muscle building and healing

Underwater treadmill

With buoyancy and resistance, your pet can safely build up muscle mass, increase endurance, and improve body condition. Underwater treadmill is typically started around 4 weeks post operation. Each week workouts are increased with each patient's abilities. We typically see patients once a week for 4-6 weeks.

Cold laser therapy

Typically done in conjunction with the underwater treadmill, cold laser helps promote healing and manage inflammation.

“Paradise Rehab helped me get my dog fit and able to return to the agility course after TPLO surgery. They gave specific exercises meant for my dog and her working lifestyle...”

Rock tape therapy

Rock tape therapy promotes body awareness, provides support or stability without restricting range of motion, reduces the sensation of pain and reduces swelling.

Rock tape is used in conjunction with cold laser therapy and underwater treadmill. It lifts the skin and fascia which improves the space between muscle bellies and skin which allows the body to have better circulation.



Rock tape therapy helping with body awareness to improve muscle building

Paradise Canine Rehabilitation and Sports Medicine caters to each patient's specific needs, whether it is returning to work, the agility course or normal everyday activity.

Homework exercises

New exercises are introduced regularly to encourage healing and help your pet grow stronger. Each pet is given homework exercises at the appropriate time. Our goal is to work on muscle building and comfort so that your dog will be able to return to normal play or work.